



Bolton-le-Sands C of E Primary School

Summer 2023 School Lunch Menu



DAILY CHOICES

GREEN	Hot Baked Potato with a choice of fillings: cheese, beans, tuna and served with light salad Pudding: as detailed in the main menu option	BLUE	Cold Sandwich (served in a bun) with a choice of fillings: cheese, tuna, ham and served with tortilla chips, carrot and cucumber sticks Pudding: as detailed in the main menu option
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MAIN HOT MEAL 'RED' OPTION AND PUDDING

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Omelette, Hash brown and Beans <u>or</u> Tomato and Mascarpone Pasta with Garlic Bread Pudding: Vanilla Sponge	Meatballs with Pasta and Tomato Sauce <u>or</u> Creamy Veggie and Cheese Pasta with Garlic Bread Pudding: Shortbread Biscuit	Roast Dinner served with Roast Potatoes, Vegetables and Gravy Pudding: Cheese & Crackers	Chicken Curry with Rice and Naan <u>or</u> Cheese and Tomato Pasta Bake with Garlic Bread Pudding: Fruity Oat Cookie	Fish Fingers with Chips and Peas Pudding: Chocolate Muffin
WEEK 2	Vegetarian Sausage Roll, Hash brown and Beans <u>or</u> Cheese and Tomato Pasta Bake Pudding: Carrot Cake	Cheese Whirl, Hash brown and Beans <u>or</u> Pasta Arrabbiata with Garlic Bread Pudding: Jelly	Sausage and Mash with Vegetables and Gravy Pudding: Chocolate Shortbread	Mild Chilli Beef Tacos <u>or</u> Pasta Neapolitan Pudding: Coconut Cookie	Pizza with Chips and Peas Pudding: Summer Treat
WEEK 3	Pulled BBQ Chicken Melt Tortilla <u>or</u> Tomato and Mascarpone Pasta with Garlic Bread Pudding: Chocolate Brownie	Baked Bean Enchiladas served with Salad <u>or</u> Pasta Neapolitan with Garlic Bread Pudding: Cheese & Crackers	Roast Dinner served with Roast Potatoes, Vegetables and Gravy Pudding: Fruity Oat Cookie	Beef Burger in a Bun <u>or</u> Cheese and Tomato Pasta Bake With Garlic Bread Pudding: Shortbread Biscuit	Fish Fingers with Chips and Peas Pudding: Chocolate Cookie

Daily drinks choices are: Water, Milk or Blackcurrant juice